

Home Fire Safety

FACT SHEET




Tasmania Fire Service


Child safety

What can you do?



Supervise and educate your children:

-  Don't let your children use fire – helping with lighting the fire or burning off makes children think that they can control fire.


Remove the temptation:

-  Teach your children to tell you about any unattended matches or lighters they find and reward them for their honesty.




Make your home fire safe:

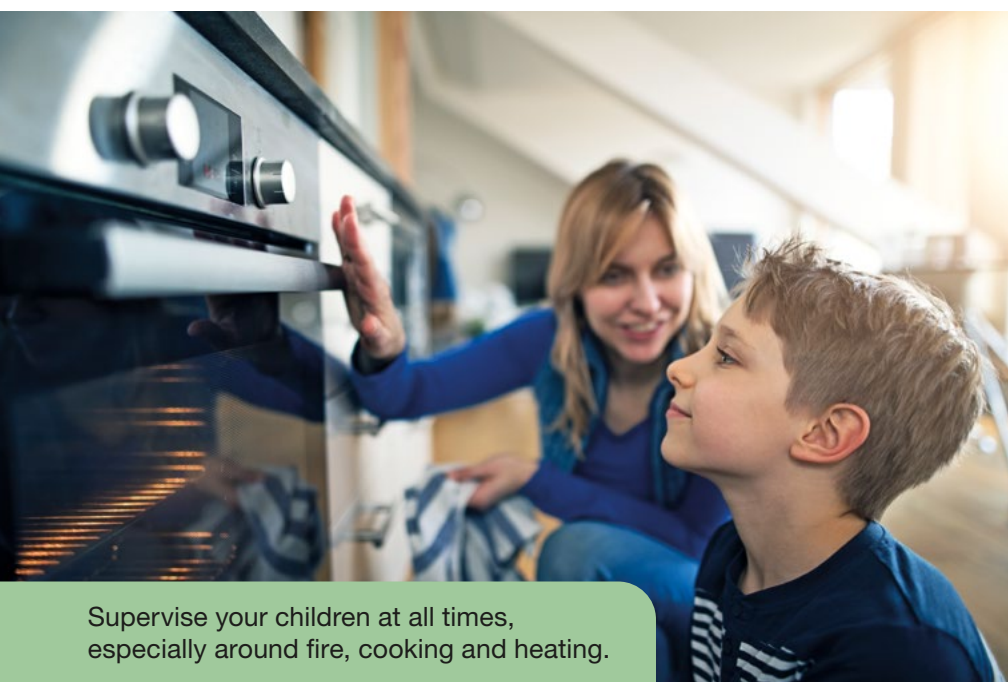
-  Lead by example – reduce the risk of fire by using fire, cooking, heating and electricity safely.
-  Have working smoke alarms in all sleeping areas, hallway and living areas.

Make a home fire escape plan to get you and your children out alive:

-  Everybody in the house should know what to do if there is a fire – have a family home fire escape plan and practice it at least twice a year.

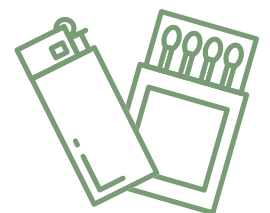
Hot tips

-  **Crawl Low and Go, Go, Go!** Smoke may harm or kill well before a fire.
-  Teach your children to **Stop, Drop, Rock and Roll** in case their clothes catch fire.
-  Make sure your children know what an alarm sounds like and what to do if it goes off. Sleeping children are unlikely to wake to an alarm unless it's in their room and they have been taught what the sound of the alarm means.



Supervise your children at all times, especially around fire, cooking and heating.

Lock away matches and lighters – just like you lock away medicines and other dangerous household substances. Educate children that lighters and matches are tools not toys.

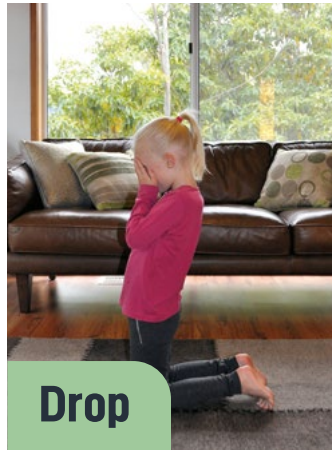


Stop, Drop, Rock & Roll

Teach your children to **Stop, Drop, Rock and Roll** in case their clothes catch fire:



Put your hands over your face.



Gently drop to the ground.



Rock and roll back and forth, on the part of your body that is on fire until your clothes stop burning. This will smother the flames while protecting your face, mouth and lungs from the flames.

Cool a burn

Place a burn under cool gentle running water for **at least 20 minutes**.

If able to remove nappies or clothing as they will stay hot. If the burn is larger than a 20 cent coin, please seek medical treatment.



Emergency number

Teach your children to dial **triple zero '000'** in an emergency.

